Human Development: A Life-span Approach

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The life-span approach is also to be credited for being the only theory of human development which is multi-disciplinary and it is also not deterministic in that there is always hope to overcome life's challenges. Also its methods are easily applicable therefore in conclusion it remains beyond reasonable doubt that development is a life-long process and that the life-span approach is vital in understanding human development. References: Bates, P. B. (1987). Theoretical propositions of life-span developmental psychology: On the dynamics between growth and decline. Life Span Human Development Chapter 1. Developmental Science. Continuous. Discontinuous. Stages. Is an interdisciplinary field devoted to understanding human...
Another way to approach development is to focus on thought processes and the construction of knowledge. In cognitive-developmental theory, the key is how people think and how thinking changes over time. Three distinct approaches have developed.