

## The Top Ten Errors of Martial Artists Defending Against a Blade

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### Abstract

There are ten deadly errors which make most empty-handed martial-arts techniques against a knife ineffective. The principal error stems from the fact that few present-day martial systems teach the blade. The premise of this article is that to effectively defend against a knife, you need to know how to use one. The purpose of this article is to motivate martial arts instructors to analyze more critically their unarmed knife defense techniques based on a clear understanding of the use of the knife, and to reawaken interest in the blade arts in the martial arts community.

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DOI: <http://dx.doi.org/10.18002/rama.v2i1.285>

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Revista de Artes Marciales Asiáticas - RAMA

I.S.S.N. 2174-0747

Attached to the Department of Physical Education and Sports, University of León (Spain)

Edited by the Publications Office, University of León



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Depends on what you consider a traditional martial art? Also depends on the rules, in an MMA match someone who just knows a traditional martial art such as karate would have no hope against a proficient MMA fighter who is mainly a ground and pound wrestler. All depends on the situation really and the skill of the other person. Source(s): me - MMA fighter. Place your vote on the top 10 list of Best Martial Artists of All Time.Â Not taking anything away from his abilities in the ring, but against a true martial artist he would more than likely get his butt kicked. Just my opinion. While you trying to compare Anderson silva to bruce lee ask yourself who the first mixed martial is, I think it was bruce lee, as a matter of fact I know it was bruce lee ( do your homework) Anderson silva is good I like his style unpredictable right?.. Yonder where he got it from um maybe bruce? ( BROKENRTHYME).Â Superb martial artist even at 46 nato ficarra is still regarded as one of the best. All of the human martial artists were extremely excited. But not too far away, as Imperial Prince Naqi saw this scene, his smirked in contempt. â€œWhat a pack of fools, itâ€™s as if they think they will really win!Â Attacks struck one person, but the one defending had to defend against two; they would naturally be in a much more miserable state! The young human elites all had a grim complexion. If Hang Chi was defeated, how could they continue fighting?Â Many human martial artists were shocked. â€œHaha, this is our saintsâ€™ body metamorphosis! Some extreme clans within my saint race possess the ability to metamorphosize!â€ Among the watching martial artists, a young saint elite began to proudly speak. â€œLord Blacksalt possesses an ancient saint bloodline.