Visualizing Muscles: A New Ecorche Approach To Surface Anatomy

John Cody

Visualizing Muscles is a unique, practical approach to the study of surface anatomy. It will appeal to artists, sculptors, medical students, physical and massage therapists, body builders, exercise physiologists, and anyone wanting to understand the body in motion. Review quote. “A valuable book that every serious art student will need.” “This book will prove invaluable as either an enhancement to one’s human anatomy education or as a clear reference on surface anatomy for artists, physical and massage therapists, medical students and body builders.” Manhattan Mercury show more. Rating details.

@inproceedings{Cody1991VisualizingMA, title={Visualizing Muscles: A New Ecorche Approach to Surface Anatomy}, author={John T. Cody and Michael R. Miller and David Riffel and David T. Breault and Jack Jackson}, year={1991} }. Â Visualizing exactly what happens beneath the skin to cause these changes on the surface is of interest to artists, physical therapists and body builders - to anyone who needs to understand the body in motion. This book aims to be a visual aid to drawing, sculpting and learning surface anatomy. A live model is made to look as though his... CONTINUE READING. View PDF. Save to Library. Create Alert. Cite. An écorché (French pronunciation: [ekÊ“ÊÉfe]) is a figure drawn, painted, or sculpted showing the muscles of the body without skin, normally as a figure study for another work or as an exercise for a student artist. The Renaissance-era architect, theorist and all-around Renaissance man, Leon Battista Alberti, recommended that when painters intend to depict a nude, they should first arrange the muscles and bones, then depict the overlying skin.