

Books Our Editors are Reading

MASTERS, R. A. (2005). *Darkness shining wild: An odyssey to the heart of hell and beyond: Meditations on sanity, suffering, spirituality, and liberation*. Cloverdale, CA: Tehmenos Press.

A very personal description of Robert Master's dark night of the soul, which was of almost psychotic proportions, and his return.

DEMMIN, H. S. (2003). *The ghosts of consciousness: Thought and the spiritual path*. St. Paul, MN: Paragon House.

A phenomenology of thinking.

ANONYMOUS. (2004). *The power of purpose awards 2004: The winners of a worldwide essay competition*. New York: Cosimo-on-Demand.

The award-winning essays of the contest sponsored by the John Templeton Foundation.

... **Jenny Wade**

GAFNI, M. (2003). *The mystery of love*. New York: Atria/Simon and Schuster.

BULKELEY, K., & BULKELEY, P. (2005). *Dreaming beyond death: A guide to pre-death dreams and visions*. Boston: Beacon Press.

HILLMAN, J. (2004). *A terrible love of war*. New York: Penguin Books.

... **Frances Vaughan**

TUCKER, J. (2005). *Life before life: A scientific investigation of children's memories of previous lives*. New York: St. Martins Press.

SCHWARTZ, S. (2005). *The secret vaults of time: Psychic archeology and the quest for man's beginnings*. Charlottesville, VA: Hampton Roads.

... **Charles T. Tart**

MEISINGER, H., DREES, W. B., & LIANA, Z. (Eds.). (2005). *Streams of wisdom? Science, theology and cultural dynamics. Studies in science and theology, 10*. [Biennial yearbook of the European Society for the Study of Science and Theology (ESSSAT)] Lund, Sweden: Lund University.

BOYD, B. (2001). *Vladimir Nabokov: The Russian years*. [Vladimir Nabokov. Russkie gody] Moscow, Russia: Nezavisimaya Gazeta; St-Petersburg, Russia: Sympozium. (In Russian). Originally published in English by Princeton University Press in 1990.

BOYD, B. (2004). *Vladimir Nabokov: The American years*. [Vladimir Nabokov. Amerikanskie gody] Moscow, Russia: Nezavisimaya Gazeta; St-Petersburg, Russia: Sympozium. (In Russian) Originally published in English by Princeton University Press in 1991. V. Nabokov was a great (and unsentimental) connoisseur of comedies and joys of consciousness. Among other things Brian Boyd's book helps to understand this side of Nabokov's talent.

... **Tõnu R. Soidla**

- FENELON, F. (2004). *The God-centered life*. Miami, FL: Forsyte Books.
- PRECHTEL, M. (1999). *Secrets of the talking Jaguar*. New York: Tarcher/Putnam.
- Wheeler, B. (2001). *Close to me, but far away: Living with Alzheimer's*. Columbia, MO: University of Missouri Press.

... **Huston Smith**

- MIJARES, S. G., & KHALSA, G. S. (Eds.). (2005). *Psychospiritual clinician's handbook: Alternative methods for understanding and healing mental disorders*. Binghamton, NY: Haworth Press.
- SPERRY, L., & SHAFRANSKE, E. P. (Eds.). (2005). *Spiritually oriented psychotherapy*. Washington, DC: American Psychological Association Press.
- DANIELS, M. (2005). *Shadow, self, spirit: Essays in transpersonal psychology*. Exeter, UK: Imprint Academic.

... **David Lukoff**

- LAYARD, R. (2005). *Happiness: Lessons from a new science*. New York: Penguin Press.
- SCHWARTZ, R. (Ed). (2004). *Transcendence: Philosophy, literature, and theology approach the beyond*. New York: Routledge.
- HATTAM, R. (2004). *Awakening-struggle: Towards a Buddhist critical social theory*. Flaxton, Australia: Post Pressed.

... **David Loy**

- SMITH, H. (Ed). (2003). *The way things are: Conversations with Huston Smith on the spiritual life*. Berkley, CA: University of California Press.
- BARASCH, M. (2005). *Field notes on the compassionate life: A search for the soul of kindness*. Emmaus, PA: Rodale, Inc.

... **John Levy**

- CUNNINGHAM, A. (2005). *Can the mind heal cancer?* Cunningham Publisher, Canada.
- GOLDIE, L., & DESMARAIS, J. (2005). *Psychotherapy and the treatment of cancer patients*. New York: Routledge.
- HAMILTON, E. (1956). *The Roman way*. New York: Mentor.

... **Lawrence Leshan**

CLINTON, A. (2003). *Seemorg matrix work™, basic manual* (4th ed.). Princeton, NJ: Asha Clinton.

Seemorg matrix work is a promising new energy psychology that uses chakras to clear trauma.

SCHMIDT, S. J. (2005). *The developmental needs meeting strategy: An ego state therapy for healing childhood wounds* (2nd ed.). San Antonio, TX: DNMS Institute, LLC.

The Developmental Needs Meeting Strategy (DNMS) is based on the creation of a healing circle comprised of a nurturing adult self, a protective adult self and a spiritual core self to help unhappy and traumatized child parts experience getting their needs met. Anecdotal reports from clinicians show promise in the healing of childhood wounds.

... **Irene Lazarus**

BARASCH, M. I. (2005). *Field notes on the compassionate life: A search for the soul of kindness*. Emmaus, PA: Rodale Press.

JOHNSON, W. (2005). *Yoga of the Mahamudra: The mystical way of balance*. Rochester, VT: Inner Traditions.

KABAT-ZINN, J. (2005). *Coming to our senses: Healing ourselves and the world through mindfulness*. New York: Hyperion Press.

... **Michael Hutton**

VISSER, F., & WILBER, K. (2003). *Thought as passion*. Albany, NY: SUNY Press.

LAKOFF, G. (2004). *Don't think of an elephant!* White River Junction: Chelsea Green Publishing.

... **Stanislav Grof**

ERIC PEMA KUNSANG & SCHMIDT, M. (2005). *Blazing splendor: The memoirs of Tulku Urgyen Rinpoche*. Pangjung Yesha Publications. Berkeley, CA: North Atlantic Press.

THONDUP, T. (2005). *Peaceful death, joyful birth: A Tibetan Buddhist guidebook*. Boston: Shambhala.

TRUNGPA, C. (2005). *The sanity we are born with: A Buddhist approach to psychology* (C.R. Gimian, Ed.). Boston: Shambhala.

... **Daniel Goleman**

CLARKE, C. (Ed.). (2005). *Ways of knowing: Science and mysticism today*. Charlottesville, VA: Imprint Academic.

MILLER, J. P. (2006). *Educating for wisdom and compassion: Creating conditions for timeless learning*. Thousand Oaks, CA: Corwin Press. (Released during the latter part of 2005)

OLDMEADOW, H. (2004). *Journeys East: 20th century Western encounters with Eastern religious traditions*. Bloomington, IN: World Wisdom.

... **Jorge Ferrer**

- GRAVES, R. (1934). *Claudius, the God*. London: Penguin.
Sequel to better known *I Claudius*. Accurate history, remarkable vision of a man forced to become a god but a not very good one.
- DIAMOND, J. (2005). *Collapse: How societies choose to succeed or fail*. New York: Viking.
Brilliant use of a dozen branches of science to lay out what makes societies thrive or wither. The US, right now, is running close to falling off the edge.
- BALDWIN, A. B. (1987). *Catherine of Siena: A biography*. Huntington, IN: Our Sunday Visitor, Inc.
A brief straightforward biography of a major western woman saint, who starved herself to death at age 36, fought with Popes, did major miracles, and had a deeply pathological childhood. Goes against lots of psychological pre-conceptions.

... **Jim Fadiman**

- DILEO, C., & LOEWY, J. (2005). *Music therapy at the end of life*. Cherry Hill, NJ: Jeffrey Books.

- WATSON, J. (2005). *Caring science as sacred science*. Philadelphia: F. A. Davis Co.

... **Marcie Boucouvalas**

From picture books to graphic novels, fantasy to family fun, these must-read books have the power to hook both boys and girls. Some are cultural touchstones that belong in every kid's library. Others open kids' minds to cultures beyond their own. And some are modern releases that have the timeless quality of classics -- the kinds that get handed down to siblings and passed around classrooms. Whether you have a reluctant reader or budding bookworm, check out these surefire, kid-tested titles. (We've included a few rated best for 12 and up for the precocious readers out there!) Wa Today is National Book Lovers Day, and in honor of this most lit(erary) of occasions, we at HuffPost wanted to share what reads our editors are thumbing through. Take a look below at the books our editors are currently reading. From memoirs and self-help guides, to novels and essays, a story is sure to strike your interest. 1 Eve's Hollywood by Eve Babitz. Amazon. "The book is an ode to Los Angeles that I'm certain will give anyone reading it Angeleno aspirations. Babitz's Hollywood is the sassier, freer answer to Joan Didion's thoughtful prose in Slouching Towards Bet